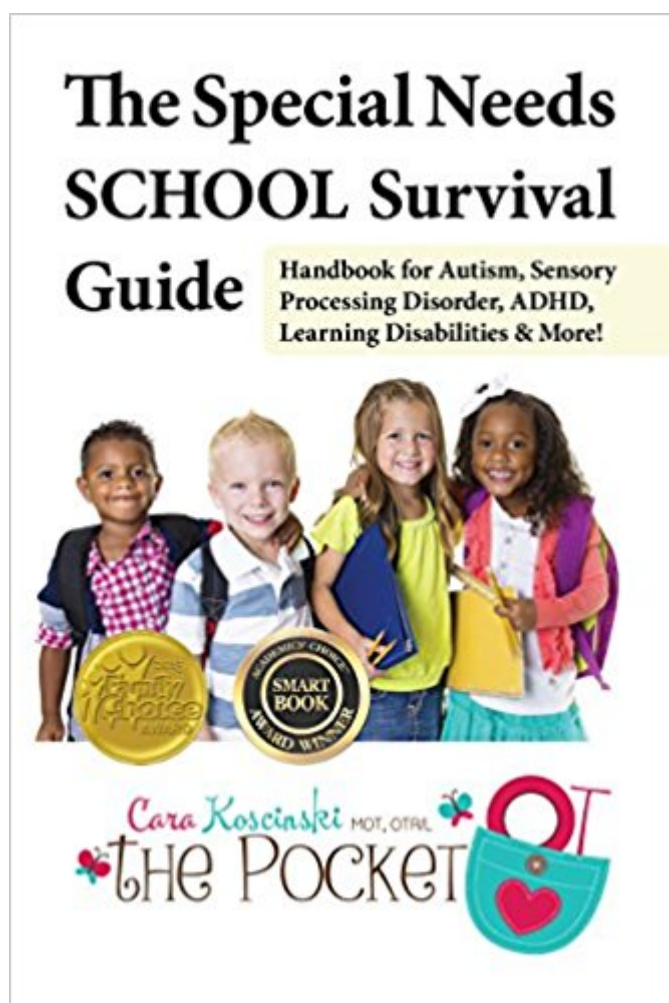


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# The Special Needs SCHOOL Survival Guide: Handbook For Autism, Sensory Processing Disorder, ADHD, Learning Disabilities & More!



## Synopsis

The Special Needs SCHOOL Survival Guide is the handbook that will answer your questions about school accommodations, how to work with school personnel for government assisted programs, autism, Sensory Processing Disorder (SPD) in the classroom, learning disabilities, handwriting, ADHD, Individual Education Programs (IEPs), behavior, dysgraphia, and more! Cara's knowledge is quite in-depth as to how to acquire the necessities for your child's success by utilizing various government or school-based programs. This book contains easy to follow school activities. The Q & A format makes the book easy to read and understand. This book will prove to be a resource you will use frequently as your student with special needs progresses through school. Cara, a pediatric occupational therapist has first-hand experience from working with her own children and in her profession. This book is an all-important resource for parents, caregivers, therapists, speech-language pathologists, physical therapists, doctors, principals, teachers, teaching assistants, classroom aids, etc.

## Book Information

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## Customer Reviews

It didn't take me long to realize that this book is a real gem. As a professional and a parent raising three boys on the autism spectrum, I can confidently say that this is must have guide for any parent looking for a concise, simple to follow guide for navigating the special education world. This book leaves the reader with the feeling of having a seasoned professional take you by the hand and leading you through an often overwhelming experience. - Brian R. King, LCSW Author of "Strategies

for Building Successful Relationships with People on the Autism Spectrum: Let's Connect." Every so often a book comes along that you know you have to recommend to the families and caregivers of the kids you work with. This wonderful, book by OT by Cara Koscinski is one of those "must-have" publications that everyone involved with your school-age client will benefit from reading from cover to cover and referring to again and again. Easy-to-use and written in a warm, accessible way through a question and answer format, *The Special Needs School Survival Guide* advises parents and other caregivers step-by-step as they navigate the oftentimes confusing world of educating a child with special needs. It's also a great tool for teachers and therapists working in special needs programs since it provides quick reference to some of the very best activities and techniques used to help students thrive in the classroom. In this terrific book, readers will get quick answers to questions about: Dealing with IEPs, 504 plans and how to advocate for a student's needs How to manage school-based therapies like OT, PT, and Speech Ways to develop handwriting and fine motor skills Tips to help students with autism, learning disorders, and ADHD How schools can help students with sensory processing disorder Managing difficult behaviors and handling transitions In all, this is a great addition to any therapist's toolkit for helping children and their families! Reviewed by Lindsey Biel, M.A.

OTR/L Author, *Sensory Processing Challenges: Effective Clinical Work with Kids & Teens* [sensoryprocessingchallenges.com](http://sensoryprocessingchallenges.com) Co-author, *Raising a Sensory Smart Child*, foreword by Temple Grandin "This is one of those books that I wish I'd had seven years ago at the beginning of my autism journey. [...] Chapters include information on IEPs, therapy, handwriting, fine motor skills, autism, sensory issues, behavior, attention/organizing, and learning disorders. [...] I usually like to mention both pros and cons, but I honestly don't have cons about this book. Even the price is reasonable. When considering price, I often like to compare the price to something else I could buy with that money, or what I would have to pay for services or classes to learn about that topic/get the help I need. Fifteen dollars is not much to spend to get an incredible amount of help for your child with special needs." - Jenny Herman, *Encouraging Others in the Special Needs Trenches* "Packed with ideas for all things school-related, this is the handbook that will answer your questions about school accommodations, working with school personnel for government-assisted programs, autism, sensory processing disorder (SPD), learning disabilities, ADHD, individual education programs (IEPs), behavioral concerns, fine motor delays, trouble with transitions, homework concerns, dyslexia, dysgraphia, and more. In her introduction, Koscinski explains that she hopes this book give readers a feeling of empowerment. She provides up-to-date and comprehensive information and a lot of strategies, always explaining the why behind each technique. This book is a

resource you will refer to frequently as your student with special needs progresses through school or as new needs arise or behavior issues crop up." -FriendshipCircle.org, 5 Books for Those Supporting Individuals with Autism and Sensory Issues

This book is based on many years of research and experience working in the school system and with children who have special needs. I enjoy homeschooling my own children and implement accommodations and specialized techniques. Over the years, I have advocated for families in the school. Â Often, I review and help create IEP and 504 plans both as an advocate and as an occupational therapist. Â If you need information about autism, ADHD/ADD, Sensory Processing Disorder, learning disabilities, dysgraphia, behavior, transitions this book is for you! Â Parents, teachers, and therapists may benefit from reading this book. You&apos;ll find thousands of activities you can implement in your classroom or homeschool.

great book, very pleased with the order.

Loved the organization of topics and ideas. This will be a helpful resource for my students, teachers, and parents. Thank you!

Easy read, very informative

Thank you for this amazing book! I have 2 special needs kids and this is going to help me bigtime!!!!

This book is very helpful!

Has some good info but not as much as I expected for school based OT. Seems more for families to me.

If you have a special needs child, this book is a must have! It guides you through the IEP process (which can be so overwhelming and confusing at first) and explains everything you need to know about the school system with special needs kids. It explains everything in such easy to read terms that everyone can understand it. It goes through disabilities and explains them and then gives practical modifications you can make in the classroom. This is a perfect tool to bring with you to your IEP meetings. It is such a great tool with such practical applications and activities you can do as

well. I can't say enough positive things about this book. It is also such a great resource for teachers to give them more tools to assist the children in their classroom! Brilliantly written! Can't wait for the next book she writes!

As a sensory integration OT I have found our schools to be one of the most challenging environments for our children with special needs and sensory differences, as well as an overwhelming area of concern for the children's parents. This handbook is an EXCELLENT tool that covers just about every area you can think of in regards to the school setting! And the best part is Cara breaks it down in to very practical topics and questions, and offers practical on the spot "out of the pocket" solutions. I highly recommend adding this book to your resource library!

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Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities by Sumar, Sonia (2007) Paperback Yoga for the Special Child: A Therapeutic Approach for Infants and Children with Down Syndrome, Cerebral Palsy, Autism Spectrum Disorders and Learning Disabilities 101 Games and Activities for Children With Autism, Aspergerâ™s and Sensory Processing Disorders (Family & Relationships) The K&W Guide to Colleges for Students with Learning Differences, 13th Edition: 353 Schools with Programs or Services for Students with ADHD, ASD, or Learning Disabilities (College Admissions Guides) The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder (The Out-of-Sync Child Series) The Out-of-Sync Child Has Fun, Revised Edition: Activities for Kids with Sensory Processing Disorder

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